

# FVC Long Beach ASC LLC

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## DIALYSIS CATHETER REMOVAL DISCHARGE INSTRUCTIONS

### **Care:**

Sit in an upright position for 4 hours..

Do not lift anything heavier than 5 pounds, or strain for 24 hours.

If you had a groin/thigh catheter, avoid steps and walking a long distance for 24 hours.

### **Dressing:**

Keep dressing clean and dry for 24 hours.

You may shower in 24 hours Once your shower is completed, please change your dressing to a clean, dry band-aid.

Do not bathe or swim for 48 hours.

If your dressing site starts to bleed, apply firm pressure above the dressing for 15 minutes. That should stop the bleeding. If bleeding continues, apply firm pressure for an additional 15 minutes. If 30 minutes of firm pressure does not stop the bleeding, call 911 or go to the nearest Emergency Room.

**Please call the office at (562)888-8961 for:**

**Bleeding does not stop after applying firm pressure for 30 minutes**

**You get a fever over 101 degrees, or chills.**

**Pain is NOT relieved with Tylenol (you may be sore for 1-2 days. This is normal.**

**The area around the catheter site gets red, swollen, or you have drainage from the site.**

**You get short of breath or develop chest pain.**

**For emergencies call 9-1-1**