

FVC Long Beach ASC LLC

15506 Lakewood Blvd, Suite 200, Bellflower, CA 90706 ▪ Phone: 562.888.8961 ▪ Fax: 562.888.8962

POST PROCEDURE - CATHETER INSERTION / EXCHANGE

Care:

Sit in an upright position for

Do not lift anything heavy (over 5 pounds) or strain for 24 hours

If you have a groin/thigh catheter avoid steps and walking far for 24 hours

Dressing

Keep dressing clean and dry. Do not shower or swim. You can take a bath

Never remove the caps on the end of the catheter

If you have a groin catheter you cannot take a bath

You have a stitch so your catheter does not fall out. This does not have to be removed

If your catheter starts to bleed apply firm pressure over the dressing for 15 minutes: then reinforce the dressing

If your catheter was removed you can take the dressing off in 24 hours and you may then shower

Diet:

Resume previous diet.

Anesthesia:

You received a local anesthetic for your procedure.

Medications:

No change to medications. Resume previous medications.

Call the office at (562)888-8961 if:

Bleeding does not stop after applying firm pressure for 15-30 minutes

You get a fever over 101 degrees or chills

Pain is NOT relieved with Tylenol (you may sore for 1-2 days and this is normal)

The area around the catheter gets red or swollen or you have drainage

You get short of breath

For emergencies call 9-1-1