

# FVC Long Beach ASC LLC

16506 Lakewood Blvd, Suite 200, Bellflower, CA 90706 • Phone: 562.888.8961 • Fax: 562.888.8962

## APPOINTMENT REMINDER

**IF THERE ARE CHANGES, WE WILL NOTIFY YOU OF ARRIVAL**

***Please bring your insurance cards and a photo ID***

### DIET

Do not eat or drink after midnight the night before your procedure or your surgery will be cancelled.

### MEDICATIONS

- Take routine medications not addressed below, as normal with a sip of water.
- Be sure to take your Blood Pressure Medication
- Take ½ of your usual dose of insulin the morning of your procedure.
- Do not take any oral diabetic medications the morning of your procedure.
- Warfarin (Coumadin) - **HOLD FOR 5 DAYS PRIOR TO YOUR SURGERY**
- Rivaroxaban (Xarelto) or Apixaban (Eliquis) - **HOLD FOR 3 DAYS PRIOR TO YOUR SURGERY**
- Please bring a list of all your medications (prescription and non-prescription) to your appointment.

### LABS

- If you were given a prescription for labs, please be sure they are completed prior to surgery. They can be no older than 14 days prior to date of surgery.

### CONTRAST DYE

- Please notify us immediately if you have an allergy to contrast dye (iodinated contrast dye, x-ray dye, CT dye).
- Take your pre-medications as directed.

### POST PROCEDURE

- You will not be permitted to drive yourself home.
- You will need a driver to bring you to the appointment and take you home after your procedure.

### QUESTIONS

- Please call 562.888.8961 with any questions.

### ADDITIONAL INFORMATION